

Gastronomy

C O W E S

LIGHTER BRUNCH

BASKET OF WARM PASTRIES 5.5

With jam and butter (v)

STRAWBERRY & HONEY 5.5

GRANOLA SUNDAE

House made granola, local honey, Greek yoghurt, strawberries (v)

AVOCADO TOAST 6.5

With chilli flakes (v) (vg) (df)

Add two poached eggs for an extra £2

SENSATIONAL SMOOTHIE BOWL 7.5

Berry smoothie, fresh fruit, chia seeds (v) (vg) (gf) (df)

BIGGER BRUNCH

WINTER EGGS 11

Scrambled eggs on toasted sourdough, with truffle oil and truffle salt (v)

FULL ENGLISH 12

Fried egg, sausages, bacon, grilled tomato, Bloody Mary beans, black pudding, mushrooms, potato rosti, toast

FULL VEGAN 11

Tofu scramble, vegan bacon, vegan sausage, grilled tomato, Bloody Mary beans, potato rosti, wilted spinach, toast with vegan butter (df) (vg)

PULLED PORK BENEDICT 11.5

BBQ pulled pork on toasted sourdough, topped with two poached eggs and hollandaise on the side

SPICY EGGS ROYALE 11.5

Smoked salmon on toasted sourdough, topped with two poached eggs and chipotle hollandaise on the side

BREAKFAST BAO 9.5

Bacon and egg in Asian steamed buns, served with Sriracha ketchup

BANGING BEANS ON TOAST 9.5

Bloody Mary Beans on toasted sourdough, topped with two poached eggs (v)

LUNCHY BRUNCH

DOUBLE CHEESEBURGER 18

Special recipe beef patties, American cheese, house relish, served with salad & fries

JALAPEÑO HONEY FRIED CHICKEN 18

BURGER *With slaw, salad and fries*

STEAK & EGGS 25

Rib Eye steak served with eggs & grilled tomato (gf)

VEGAN BUDDHA BOWL 10.5

With rice, mixed cold veg, warm butternut, seeds, sesame sauce (v) (vg) (df) (gf)

CUBAN SANDWICH 15

Served with salad & fries

ASIAN PORK BAO 10

Glazed in a secret sesame sauce (df)

CHIPOTLE SWEET POTATO TACOS 8.5

With black beans (gf) (df) (v) (vg)

THAI-STYLE CHICKEN SALAD 15.5

With lemongrass, avocado and a spicy peanut dressing (gf) (df)

BOOZY BRUNCH

GRAPEFRUIT MOJITO 9.5

Grapefruit, Bacardi Blanca, soda, mint

BREAKFAST MARTINI 11

Salcombe Gin, Cointreau, lemon, marmalade

SALTED CARAMEL ESPRESSO MARTINI 11

Mermaid Salt Vodka, Kahlua, Espresso, Salted Caramel Syrup

BLOODY GOOD BLOODY MARY 11

Mermaid Salt Vodka, Isle of Wight Tomato juice, Worcestershire Sauce, secret spice mix

(vg) vegan, (v) vegetarian, (gf) gluten free, (df) dairy free. Please notify the staff of any allergies or dietary requirements.

A discretionary 12.5% service charge will be added to bills over £100.